



## OSTEOLOGY

Clavicle  
Scapula  
Humerus  
Radius  
Ulna  
Hip bone  
Femur  
Tibia  
Fibula  
Vertebrae- Parts and differentiation  
Cervical vertebrae  
Thoracic vertebrae  
Lumbar vertebrae  
Sacrum

## UPPER LIMB

Muscles of Scapular region  
Muscles of arm  
Muscles of anterior aspect of forearm  
Muscles of posterior aspect of forearm  
Small muscles of hand  
Shoulder joint  
Elbow joint  
Wrist joint  
Axilla  
Axillary artery  
Brachial plexus  
Ulnar nerve  
Radial nerve  
Median nerve  
Superficial Back Muscles  
Cubital Fossa

## LOWER LIMB

Muscles of front of thigh  
Muscles of medial side of thigh  
Muscles of back of thigh  
Muscles of gluteal region  
Muscles of front and lateral side of leg  
Muscles of back of leg  
Hip joint  
Knee joint  
Ankle joint  
Popliteal fossa  
Arches of foot  
Femoral Triangle  
Sciatic Nerve  
Femoral Artery  
Muscles of Sole of Foot

## HEAD & NECK

Scalp  
Pharynx  
Trachea  
Oesophagus  
Posterior Triangle of Neck  
Thyroid gland  
Larynx  
Parotid gland  
Eyeball  
Nose and paranasal sinuses  
Tongue  
Muscles of Facial Expression  
Temporomandibular Joint

## ABDOMEN & PELVIS

Stomach  
Small intestine  
Large intestine  
Liver  
Pancreas  
Kidney  
Spleen  
Uterus  
Urinary Bladder

## THORAX

Lungs  
Diaphragm  
Heart - part 1  
Heart - part 2  
Heart - part 3  
Heart - part 4  
Heart - part 5  
Heart - part 6

## NEUROANATOMY

Cerebrum (sulci and gyri)- IN ENGLISH  
Cerebrum (sulci and gyri)- IN HINDI  
Lateral ventricle  
Third ventricle- IN ENGLISH  
Third ventricle- IN HINDI  
Fourth ventricle  
Cerebellum  
Functional areas of Cerebrum - Hindi  
Functional areas of Cerebrum - English  
Cranial Nerve

## CNS

Part 1- Neuron  
Part 2- Nerve fibres  
Part 3- Neuroglia and receptors  
Part 4- Synapse  
Part 5- Reflexes  
Basal Ganglia - English  
Basal Ganglia - Hindi  
Spinal Cord  
Diencephalon

## COMMUNITY MEDICINE

Health Education part 1  
Health Education part 2  
Health Education part 3  
Polio- Epidemiology

## PHYSIOTHERAPY MANAGEMENT

Acromioclavicular joint injuries  
Clavicle fracture  
Rheumatoid Arthritis

## GUIDE TO STUDY

A Short guide to study well  
How i study Physiology  
How to avoid distractions  
If you feel like giving up  
Study technique- combined study

HANDWRITTEN  
LECTURE NOTES

INSTAGRAM  
ANATOMY NOTES

ANGELINA'S  
KIWI DREAMS